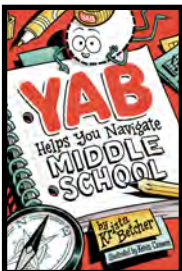


**“If you know my name, YAB,
that will help you remember to:**

- *be yourself,**
- *ask questions,**
- *and breathe!**

Have fun in middle school!”



Activity Page for *YAB Helps You Navigate Middle School* by Krista Betcher, illustrated by Kevin Cannon (Beaver's Pond Press, 2018) ISBN-13: 978-59298-636-1. Copyright © 2018, Krista Betcher and Kevin Cannon. This page may be copied for educational use but may not be reprinted or resold for commercial purposes. www.kristabetcher.com